

MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT

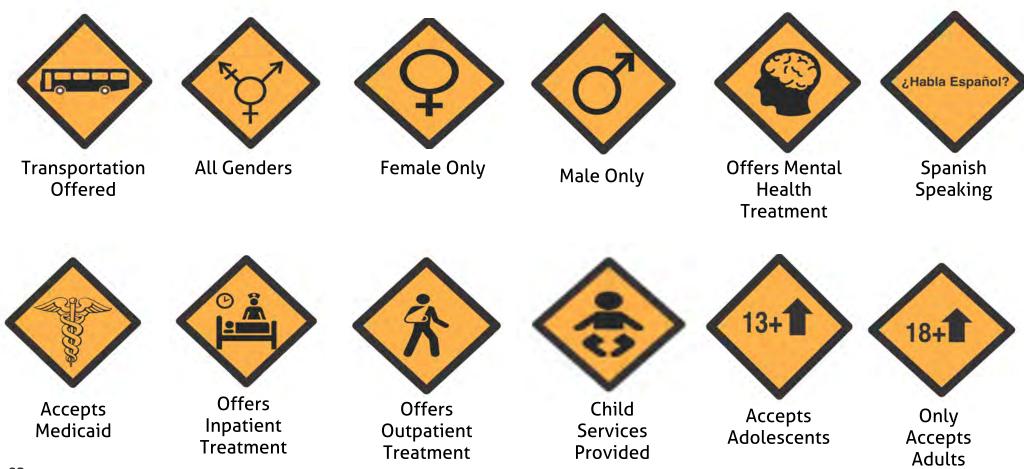


TABLE OF CONTENTS

- 03 Key for Services Offered in Area
- **04** Comprehensive List of Treatment Centers
- 12 Chart Overview of Treatment Centers
- Mental Health and Substance Abuse Treatment Referral
- 14 Acknowledgements & Resources

KEY FOR SERVICES OFFERED IN AREA

These icons represent specific services each mental health and substance abuse treatment center does or does not provide. These icons are used throughout this treatment referral packet to offer a quick overall view of the treatment centers.



CARDINAL INNOVATIONS













Cardinal Innovations is a 24/7 hotline Call Center that refers patients to the services that they need. The Call Center is the gateway to all of the local mental health, developmental disability and substance abuse services. It serves those with complex needs, who are insured, Medicaid eligible or uninsured in North Carolina. It assists individuals and families affected by mental health, intellectual and developmental disabilities or substance use disorder conditions. The organization enhances the health and well-being of the individuals and their families and creates quality solutions for people who depend on the public system for care. Cardinal Innovations also provides state funding. Those who are uninsured can apply for funding to cover their medical bills.

Any gender specific programs?: All genders can call the hotline

Insurance Coverage: Cardinal innovations is a free call service that will refer patients to care regardless

of their insurance status. In addition to referring patients to care, they also

provide state funding for those who are uninsured. The NC Innovations Waiver is a Home and Community Based Waiver for people with intellectual or developmental disabilities and is part of the NC MH/DD/SAS Health Plan. State-funded services are available to individuals who do not have private insurance or Medicaid benefits. State

services are subject to available funding and are not guaranteed. There may be a waiting list, and patients may be responsible for some percentage of the cost.

Transportation: No transportation services are offered

Ages Accepted: All ages are welcome

Inpatient/Outpatient: N/A

Spanish Speaking: Interpretative services are available

Contact Information:

134 S Garnett St. Henderson, NC 27536 (252) 430-1330



VANCE RECOVERY











Vance Recovery is an opioid treatment program offering methadone and buprenorphine for medication assisted therapy. It also provides individual and group counselling services to support the recovery process.

Dosing hours are in the mornings: Monday -Friday 6:00 - 11:00 am, Saturday - Sunday 7:00 - 9:00 am.

Any gender specific programs?: All genders may get treatment, but there is gender specific group therapy.

Insurance Coverage: The clinic accepts Medicaid and self-pay

Transportation: No transportation services are offered

Ages Accepted: Minimum age 18

Inpatient/Outpatient: Outpatient

Spanish Speaking: No Spanish speaking staff members available

Services Offered at Facility:

- Case Management (Basic needs related to healthcare, housing and nutrition)
- Education Sessions (HIV/AIDS, Relapse Prevention, Parenting Skills)
- Counseling Services (Individual, Group, Family,

Domestic Interventions, and

Co-Occuring Mental Health Disorders)



Contact Information:

510 Dabney Dr. Henderson, NC 27536 (252) 572-2625.

DAYMARK RECOVERY SERVICES















Daymark Recovery Services, Inc. provides mental health and substance abuse services. Daymark's goal is for skilled medical and behavioral health care professionals to support citizens of all ages and their families with the greatest opportunity for recovery, independence and the highest quality of life. Intensive In-Home Treatment Programs are also offered if patients cannot travel to the clinic. They are committed to using the most up-to-date practices and effective, research-based treatment programs to assist all citizens working toward achieving optimum health and recovery. Programs typically run from three months to one year. Open Monday - Friday from 8am to 5pm.

Any gender specific programs?: All genders may get treatment, and they have specific programs for women

Insurance coverage: The facility takes people regardless of payment ability. This is due to the funds received

from the state.

Transportation: No transportation services are offered

Ages Accepted: All ages are welcome, additionally, there are programs available for children as young as

four, as well as the elderly

Inpatient/Outpatient: Outpatient

Spanish speaking: Spanish translators are available

Services Offered at Facility:

- Medication Management
- Group and Individual Therapy
- Intensive In-Home Treatment
- Walk-In Crisis (Advanced Access)
- Community Support Team
- Mobile Crisis Services



Contact Information:

943 W Andrews Ave., Henderson, NC 27536 (252) 433-0061

RECOVERY INNOVATIONS















Recovery Innovations is a small, 10 bed, inpatient mental health crisis unit offering substance abuse treatment. Medically supported withdrawal and detox programs are available. 24 hour nursing clinical staff is also available. First RI provides inpatient housing then patients begin "The Restart Program." The Restart Program provides recovery-based, short-term targeted care management and engagement services for people with significant mental health and/or substance abuse challenges. The purpose is to try to reduce the number of people in emergency rooms, reduce the number of police officers on call, and reduce the amount of days that people are in the mental health facility. Patients usually stay for 3-5 days.

Any gender specific programs?: There are no gender-specific programs. All genders are accepted

Insurance Coverage: State funding for people who are uninsured, Medicaid, Military Insurance, Access to Recovery

(ATR) Voucher, and No Payment Accepted

Transportation: Limited transportation is available (only for people after care)

Ages Accepted: Minimum age 18

Inpatient/Outpatient: Inpatient

Spanish speaking: Spanish translators are available

Services Offered at Facility:

- Mental Health Treatment

- Substance Abuse Treatment with Hospital Inpatient Detoxification



Contact Information:

300 Parkview Dr. W Henderson, NC 27536 (252) 438-4145

GRANVILLE BEHAVIORAL HEALTH SERVICES















The Behavioral Health Services Department at Granville Medical Center provides multiple treatment options for those experiencing emotional difficulties, and/or behavioral problems. Behavioral Health Services provides mental health assessment, treatment, counseling, psychiatric evaluation, and medication management. Many patients struggle with common issues, such as:

Difficult relationships, Anxiety, Divorce, Behavioral problems, Family difficulties, Marital problems, Social anxiety, Loss and grief. Chronic pain and illness, Anger management, Stress of daily living, Chronic mental illness, and many more

Any gender specific programs?: There are no gender-specific programs. All genders are welcome.

Insurance Coverage: The facility only accepts insurance in surrounding counties for Medicaid, Medicare,

commercial insurance, however not State-wide insurance. The facility only accepts insurance from residents in ONLY Granville, Durham, or Wake County. There are no grants available for

those without health insurance (from the facility), however, people could apply to

Cardinal Innovations for funding on their own.

Transportation: There are no transportation services offered.

Ages Accepted: All ages are accepted. There is a child and adolescent psychiatrist available (for children age 4)

and a geriatric psychiatrist available (for the elderly). There is a clinic for patients starting from 6

years and up.

Inpatient/Outpatient: Outpatient

Spanish speaking: Spanish-speaking staff members are available.

Contact Information:

1012 College Street Oxford, NC 27565 (919) 690-3217

ALLIANCE REHABILITATIVE CARE, INC. (ARC)

Programs offered through Alliance

- a) Assertive Community Treatment Team
- b) The ADP Center
- c) Addiction Recovery Center for Men
- d) Back On Track

Contact Information:

PO Box 748 Henderson, NC 27536 (252) 492-8699 x. 24

A. ASSERTIVE COMMUNITY TREATMENT TEAM (ACTT)









ACTT provides a full range of treatment functions through a multidisciplinary team who are available 24 hours a day. The service is for adults (21 or older) from Vance, Granville, Franklin & Warren Counties. The Team includes a qualified mental health professional, a psychiatrist, a nurse, social worker/case manager, and 2 peer support staff. As a Team, the staff carries out a variety of treatment interventions, including but not limited to, evaluation, outpatient treatment, case management, community-based services, emergency/crisis services and medication management. The service is designed primarily for individuals with severe and persistent mental illnesses, such as schizophrenia, psychotic disorders, and bipolar disorders because these illnesses more often cause long-term psychiatric disability. You may contact ACTT by calling 252-738-0002.

Any gender specific programs?: All genders are welcome.

Insurance Coverage: Medicaid and state funding through Cardinal Innovations

Transportation: Transportation is offered

Ages Accepted: 21 years or older

Inpatient/outpatient: Outpatient

Spanish Speaking: No Spanish speaking staff members

B. THE ADP CENTER (ADP)









ADP is a psychosocial rehabilitation (PSR) program for adults (21 or older) who live in Vance, Granville, Franklin & Warren Counties and have a severe and persistent mental illness. ADP offers an adult day program based on a clubhouse model that provides skill development activities, psycho-education, pre-vocational support and socialization opportunities. ADP focuses on members' strengths and potential rather than their illness. The goal of ADP staff is to assist members in developing those skills needed to live successfully, productively and independently within the community. You may contact The ADP Center by calling 252-492-0328.

Any gender specific programs?: All genders are welcome

Insurance Coverage: Medicaid and state funding through Cardinal Innovations

Transportation: Transportation is offered

Ages Accepted: 21 years or older

Inpatient/outpatient: Outpatient

Spanish speaking: No Spanish speaking staff members

C. ADDICTION RECOVERY CENTER FOR MEN (ARCM)









ARCM is an adult male substance abuse halfway house designed to actively promote recovery from substance use disorders in a residential setting. This service is available to individuals from Vance, Granville, Franklin, Warren and Halifax Counties. Length of stay can be up to 1 year depending upon the resident's progress and individual needs. Client's will be provided with a safe, drug free environment in which to develop the recovery skills necessary for maintaining a healthy, productive and sober life. The home is staffed 24 hours a day, 7 days per week. The program director may be contacted Monday through Friday during business hours at 252-492-5746.

Any gender specific programs?: Available to men only

Insurance Coverage: N/A

Transportation: Transportation is provided to medical/treatment appointments, 12 step meetings, employment seeking

activities, ect.

Ages Accepted: 21 years or older

Inpatient/Outpatient: Residential

10 **Spanish Speaking:** No Spanish speaking staff members

D. BACK ON TRACK (BOT)











BOT is a Substance Abuse Intensive Outpatient Program (SAIOP) that provides treatment and support to individuals who are struggling with alcohol and/or drug addiction. Services offered within this level of treatment consist of: individual and group counseling; family counseling; case management; urinalysis; psychiatric (medication evaluation/management); relapse prevention strategies; and crisis contingency planning. BOT operates on Monday, Wednesday and Friday from 9:30 am to 12:30 pm and lasts up to 14 weeks. Back On Track is located at 510 Dabney Drive, Henderson, NC 27536. Phone number: 252-438-5667.

Any gender specific programs?: All genders are welcome, however some groups are male and female specific

Insurance Coverage: Medicaid and state funding through Cardinal Innovations. Third-party insurance coverage is limited,

depending upon your provider.

Transportation: Transportation is offered

Ages Accepted: 18 years or older

Inpatient/Outpatient: Outpatient

Spanish Speaking: No Spanish speaking staff members

ALTERNATIVE PUBLIC TRANSPORTATION OPTION

KARTS KERR AREA TRANSPORTATION AUTHORITY

What is KARTS: A rural public transportation system where rides can be reserved via KARTS or taken according to a schedule with the Around Town Shuttle for downtown Henderson

Who Can Ride KARTS: Anyone within Granville, Vance, Franklin, and Warren Counties

Where I Can Ride with KARTS: Anywhere that's needed within Granville, Vance, Franklin, and Warren Counties including doctor appointments, pharmacies, and grocery stores Monday through Friday. Additional trips available to Wake Forest and Raleigh on Tuesday, Wednesday, and Thursday, and to Durham and Change Hill Manday through Friday.

Wednesday, and Thursday and to Durham and Chapel Hill Monday through Friday.

How to Get a Ride: Trip requests are made Monday through Friday from 8:00am to 5:00pm. Request a trip no later than 1:00pm on the day the trip is needed.

Cost of Rides: Rate determined by mileage to the destination. Travelling 0-10 miles is \$4 one way and 10.1-20 miles is \$5. Additional prices shown on website. FareKards are pre-paid discounted tickets that can be used in place of cash to pay for the rides. You can purchase FareKards at the KARTS Office or by mailing a form on the website.

(252) 438-2573

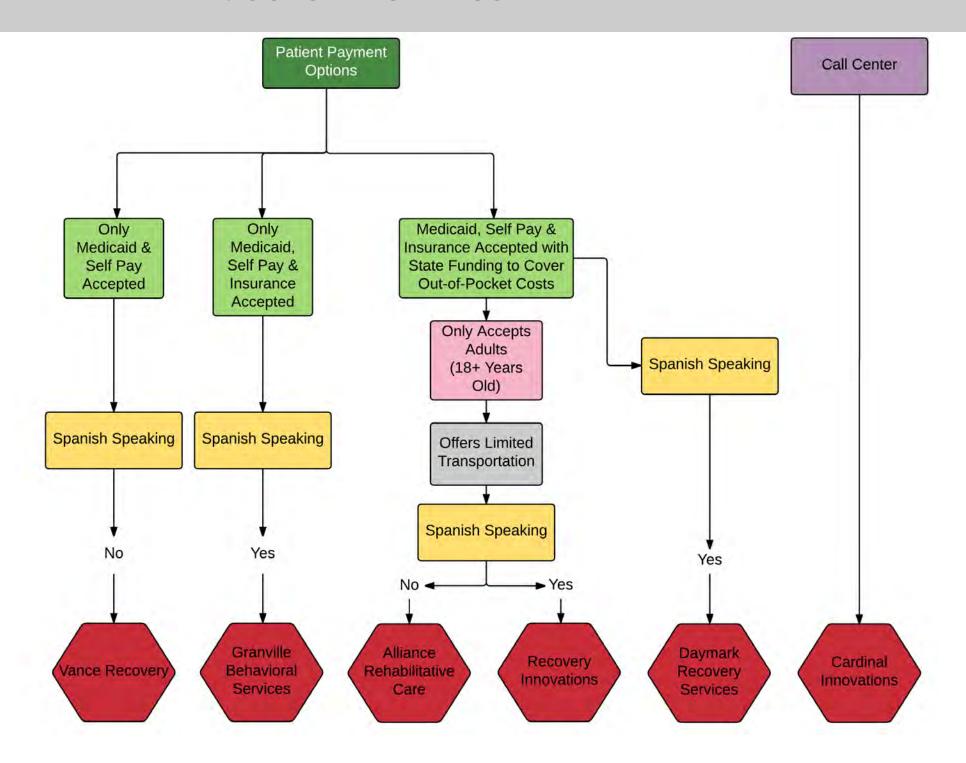
(800) 682-4329

www.kartsnc.com 943 W Andrews Ave. Suite I Henderson, NC 27536 info@kartsnc.com

CHART OVERVIEW OF TREATMENT CENTERS

| | Payment Method | Type of Treatment | Transportation | Inpatient and Outpatient Treatment | Treatment Age | Sex | Spanish Speaking? |
|--|---|---|----------------|---|------------------|-----|----------------------|
| Cardinal Innovations | Medicaid: Yes State Funding: Yes Insurance: Yes | Mental Health Treatment, Developmental Disability & Substance Abuse Services Call Center | None | N/A | All Ages | All | Yes |
| Vance Recovery | Medicaid: Yes State Funding: No Insurance: No | Mental Health Treatment, Individual and Group Counselling, Medicated-Assisted Therapy for Opioid Treatment | None | Outpatient | All Ages | All | No |
| Daymark Recovery Services | Medicaid: Yes State Funding: Yes Insurance: Yes | Intensive In-Home Treatment | None | Outpatient | All Ages | All | Yes |
| Recovery Innovations | Medicaid: Yes State Funding: Yes Insurance: Yes | Mental Health Treatment, Halfway House with Withdrawal Detox Program | Limited | Inpatient | 18+ | All | Yes |
| Alliance Rehabilitative Care | Medicaid: Yes State Funding: Yes Insurance: Yes | Many specific programs - see comprehensive list | Limited | Inpatient and Outpatient | 18+ | All | No |
| Granville Behavioral Health Services | Medicaid: Yes State Funding: No Insurance: Yes | Mental Health Treatment, Counselling, Psychiatric Treatment, Medication Management | None | Outpatient | All Ages | All | Yes |

MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT REFERRAL



ACKNOWLEDGEMENTS

Many thanks to the following members who collaborated in the production of this resource.

Granville Vance Public Health

NC Harm Reduction Coalition

NC Division of Health

Duke Global Health Institute

UNC Gillings School of Global Public Health

MEASURE Evaluation

Cardinal Innovations

Vance Recovery

Daymark Recovery Services

Recovery Innovations

Alliance Rehabilitative Care

Granville Behavioral Services



RESOURCES

Material Resources:

Granville Vance Public Health (2016). 2016 Granville Vance Community Health Forums.

North Carolina Division of Public Health: Chapel Hill, North Carolina.

Kerr Area Transportation Authority (2016). http://www.kartsnc.com

Picture Resources:

http://granvillespeaks.com/

http://www.featuredcustomers.com/media/Company.logo/Cardinal.png

https://pbs.twimg.com/profile_images/426150141964218368/tg_YSU5V_400x400.jpeg

http://www.alltreatment.com/images/facility-thumbs/DaymarkRecoveryServices.png

https://media.glassdoor.com/sqll/559993/recovery-innovations-squarelogo-1441958042827.png



GRANVILLE VANCE PUBLIC HEALTH GVPH.ORG

GRANVILLE COUNTY 101 HUNT DRIVE OXFORD, NC 27565 (919) 693-2141 VANCE COUNTY 115 CHARLES ROLLINS ROAD HENDERSON, NC 27536 (252) 492-7915