

GRANVILLE VANCE PUBLIC HEALTH
BREAST IS BEST
2019 PRENATAL EMPOWERMENT SESSION



VANCE COUNTY PUBLIC HEALTH LOCATION

115 CHARLES ROLLINS ROAD HENDERSON, NC 27536

Facilitator—Lauren Faulkner, CLC and Mallory Smith, Breastfeeding Coordinator

GRANVILLE COUNTY PUBLIC HEALTH LOCATION

101 HUNT DRIVE OXFORD, NC 27565

Facilitator—Lauren Faulkner, CLC and Mallory Smith, Breastfeeding Coordinator

*****See Back for 2019 Empowerment Series Schedule *****

Please call either WIC location to reserve your spot in an Empowerment Session...

“Ready, Set...Baby” Breastfeeding Session

- Empowering women to know the facts about breastfeeding and giving them the knowledge to understand what their baby needs
- Empowering women to know what they want to happen when they arrive at the hospital and for everyone to know her plan
- Empowering women to have a plan about returning to work/school and how to communicate this to their employer/school

2019 Breastfeeding Empowerment Schedule

3:00 – 4:00 pm

Vance Sessions (252) 492-3147	Granville Sessions (919) 693-1333
January 9, 2019	January 10, 2019
February 13, 2019	February 14, 2019
March 13, 2019	March 14, 2019
April 10, 2019	April 11, 2019
May 8, 2019	May 9, 2019
June 12, 2019	June 13, 2019
July 10, 2019	July 11, 2019
August 14, 2019	August 8, 2019
September 11, 2019	September 12, 2019
October 9, 2019	October 10, 2019
November 13, 2019	November 14, 2019
December 11, 2019	December 12, 2019

Did you sign up/enroll in WIC during your first trimester of pregnancy (before 14 weeks pregnant)?

*If so, attend a breastfeeding class listed above and
RECEIVE A \$10 GIFT CARD!!*

This institution is an equal opportunity employer and provider.