

GRANVILLE VANCE PUBLIC HEALTH
BREAST IS BEST
2020 BREASTFEEDING EMPOWERMENT SESSION



VANCE COUNTY PUBLIC HEALTH LOCATION
115 CHARLES ROLLINS ROAD HENDERSON, NC 27536
Facilitator—Mallory Smith, Breastfeeding Coordinator
(252) 492 - 3147

GRANVILLE COUNTY PUBLIC HEALTH LOCATION
101 HUNT DRIVE OXFORD, NC 27565
Facilitator—Savannah Pressley, IBCLC
(919) 693 - 1333

*****See Back for 2020 Empowerment Schedule *****

Please call either WIC location to reserve your spot in an Empowerment Session...

“Ready, Set...Baby” Breastfeeding Session

- Empowering women to know the facts about breastfeeding and giving them the knowledge to understand what their baby needs
- Empowering women to know what they want to happen when they arrive at the hospital and for everyone to know her plan
- Empowering women to have a plan about returning to work/school and how to communicate this to their employer/school

2020 Breastfeeding Empowerment Schedule

3:00 – 4:00 pm

Date of Session	Location of Session
January 30, 2020	Granville
February 26, 2020	Vance
March 2020	No Class
April 30, 2020	Granville
May 27, 2020	Vance
June 2020	No Class
July 30, 2020	Granville
August 26, 2020	Vance
September 2020	No Class
October 29, 2020	Granville
November 25, 2020	Vance
December 2020	No Class

Did you sign up/enroll in WIC during your first trimester of pregnancy (before 14 weeks pregnant)?

*If so, attend a breastfeeding class listed above and
RECEIVE A \$10 GIFT CARD!!*

This institution is an equal opportunity employer and provider.