



LIVE ZOOM SESSIONS

VIRTUAL READY, SET, BABY PRENATAL EDUCATION CLASS

Taught by lactation program graduates and
CGBI team members

This **free** service offers education for pregnancy, birth and postpartum care. Ready, Set, Baby has recently been updated to provide COVID-19 guidance and recommendations.

Join the Virtual RSB Class

<https://zoom.us/j/98422579055>

(Meeting ID: 984 2257 9055)

Note: The Zoom platform is compliant with the Health Insurance Portability and Accountability Act (HIPAA).

DECEMBER 2020 SESSION TIMES:

Mondays+
Wednesdays

1:00P-2:30P

3:00P-4:30P

**NOTE: THERE WILL BE NO
CLASSES FROM DECEMBER 21
THROUGH JANUARY 1, 2021**

**All times Eastern Standard*

